

Breathe

By Jim Martyka

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Cast of Characters

MEDITATION GURU - M/F, true Zen master leading this class.

All of the following characters can be played by any sex, any age, but the more random the better. They are sitting left to right in the following order.

STUDENT AAA

STUDENT BBB

STUDENT CCC

STUDENT DDD

STUDENT EEE

STUDENT FFF

Scene

A place of peace and serenity

Time

Anytime

Breathe

Lights up on six students (AAA, BBB, CCC, DDD, EEE, FFF) all dressed in comfortable clothing and sitting semi-circle around a MEDITATION GURU who is front and center, facing outward but addressing his students.

GURU: Okay, let's jump right in, shall we. This is going to be a short and simple meditation to get us started. Are we ready? Good. Everyone relax, sit up straight, rest your mind..

All the students follow his instructions.

GURU: ...close your eyes, and breathe...breathe...breathe...

All the students do so and for a beat or two, they are sitting there meditating, as is the GURU, who will be completely oblivious to everything that follows.

AAA slowly opens his/her eyes and looks around at what everyone is doing.

He/she flicks BBB, who turns and looks, miming "Oww!"

AAA silently makes fun of the guru and BBB starts silently giggling. Their giggling builds until BBB lets out a small snort.

Hearing the snort, DDD opens his/her eyes and shoots AAA and BBB an incredulous look, silently snapping his/her fingers at them angrily. AAA and BBB close their eyes.

This also gets the attention of CCC who opens his/her eyes, sees what's going on and tries to calm DDD down. They clasp hands and gaze into each other's eyes, like a truly loving couple.

EEE opens his/her eyes and looks on as they gaze at each other. Soon, DDD calms down and once again closes his/her eyes. As soon as that happens, CCC flashes EEE a flirty, seductive look.

EEE loves it and reciprocates, waving slightly and mouthing "hi."

CCC smiles, blows a kiss at EEE, who catches it and then once again closes his/her eyes.

As soon as that happens, FFF opens his/her eyes, looks at everyone, then grabs EEE and starts fiercely making out. EEE bats FFF off and looks horrified..but also totally into it. They stare at each other for a second and then start making out again.

AAA opens his/her eyes and notices and throws a water bottle at them to get them to stop.

FFF grabs the water bottle and throws it back..but hits BBB instead.

BBB thinks it was CCC who hit him/her so he/she punches CCC. CCC opens his/her eyes, realizes what happens and they start silently slap-fighting..but kinda laughing and flirting as well. AAA tries to silently explain what happened and break it up.

While this is happening, DDD takes advantage of the fact that CCC is distracted and also grabs EEE and starts making out with him/her. Once again, EEE looks completely shocked, but goes along with it.

FFF soon once again opens his/her eyes and notices. At first, FFF is pissed and swats at DDD and EEE looks on terrified. They all look at each other and after a beat, all three of them start making out.

AAA stops trying to intervene as he/she notices what's happening across the room with DDD, EEE and FFF. BBB starts to notice as well.

CCC slaps BBB on the head and goes back to meditating, completely unaware of what DDD, EEE and FFF are doing.

AAA and BBB watch for a bit or two. They look at each other for a beat and then start making out with each other.

While all of this making out is happening, somebody makes a slight noise and CCC angrily comes out of his/her meditation, upset at being disrupted yet again. He/she looks around in shock at what everyone is doing. CCC looks at the guru, who is still oblivious. CCC then looks out to the audience, shrugs his/her shoulders and starts masturbating.

This goes on for a beat or two and then we hear a "bong" noise to signify the meditation is done. Everyone immediately stops what they're doing and goes back to their original position.

GURU: And as you come out of the meditation, once again, breathe, breathe and awake refocused and refreshed. Very good. Now how was that?

The GURU slightly looks over both shoulders at them and they all nod, give thumbs up, grunt approval, whatever.

GURU: Very good. We're going to move on to a different kind of meditation. But before we do, I just have to say that I think it's just wonderful that you all decided to do this together as a family.

LIGHTS.